

**ST. XAVIER'S COLLEGE OF EDUCATION
(AUTONOMOUS)**

[Re-accredited (4th Cycle) at 'A+' Grade by NAAC]

Palayamkottai, Tirunelveli District - 627 002, Tamil Nadu, India



**B.Ed. Programme
VALUE-ADDED COURSES**



2024-2026

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VALUE-ADDED COURSES

The curriculum for teacher education must be all encompassing, paving the ways for accumulating the pedagogical knowledge and socio-psycho-philosophical foundations of education. It further must prepare the prospective teachers to live the fruitfully and make it a life- long learning. Hence our college being the autonomous offers value-added courses to strengthen the life skills of prospective teachers and develop them holistically.

Our college offers the Value-added courses with the following Course Learning Outcomes:

Course Learning Outcomes

The prospective teacher

1. develops employability skills
2. bridges the skill gap and become ready for teaching profession
3. familiarizes with technical skills
4. understands the expectations of the schools and students
5. recognizes as job providers rather job seekers

Following are the titles of the value-added courses for 2021-22

1. Intensive English Training
2. Creative Crafts
3. Yoga for Human Excellence
4. The Language of Hindi
5. Web 3.0 Tools for Prospective Teachers
6. E-content Development

Duration

The duration of value added course is 30 hours with a combination of theory and practical. However, the combination of theory and practical shall be decided by the course-coordinator with the approval of the Principal.

Examination and Evaluation

Value-added courses are purely internal and the examination is conducted by the course-coordinator in consultation with the Principal; the answer scripts are valued by the course-coordinator.

Awarding Certificate

The students who successfully complete the Value - added Courses shall be issued certificates by St. Xavier's College of Education (Autonomous), Palayamkottai.

Guidelines for conducting value added courses

- Value Added Course is mandatory to qualify for the completion of B.Ed. programme.
- Classes for value added courses are conducted outside the regular class hours.
- Resource persons from other Institutions may be invited for the value added courses.
- 90% of attendance is compulsory to write the Examination.
- There will be Course-coordinator to look after the programme.

Course I: Intensive English Training

B.Ed.: Sem. I

Course Code: VCIET

Credit: 1

Course Learning Outcomes:

The Prospective Teacher

1. learns the basic Grammar of English language
2. increases the knowledge of English and English Grammar
3. develops the skills of Listening, Speaking, Reading and Writing in English
4. learns to speak native English fluently
5. over comes the fear of making errors in usage of English

Unit I: Tenses

Present Tense: Simple Present, Present Continuous, Present Perfect and Present Perfect Continuous - Past Tense: Simple Past, Past Continuous, Past Perfect and Past Perfect Continuous - Future Tense: Simple Future, Future Continuous, Future Perfect and Future Perfect Continuous - Conjugation

Unit II: Formation of Sentence

Noun: Meaning, types - Pronoun: Meaning and usages - Types of Sentence: Simple, Imperative, Interrogative and Exclamatory - Question Pattern: 'Wh' questions, 'Verbal' (Yes or No) questions, Positive and Negative questions - Question Tag

Unit III: Basic Grammar Components

Articles: Meaning, Types: Definite and Indefinite - Prepositions: Meaning, Types: Simple, Compound and Complex - Phrase and Clause: Meaning, Types, differences and usage - Auxiliary verbs: Meaning, Types: Auxiliary: be verbs, do verbs and have verbs - Modals: Pure Modals and Semi Modals - Framing questions using Auxiliary verbs: Positive and Negative

Unit IV: Speech and Voice

Direct Speech: Meaning and usages - Indirect Speech: Meaning and usages - Active Voice: Meaning and usages - Passive Voice: Meaning and usages - Degrees of Comparison: Meaning, types: Positive degree, Comparative degree and Superlative degree, usages

Unit V: Developing English Language

Language Lab: Listening to English Grammar and using in daily speech - Reproducing the speeches of great people: memorizing and delivering the speech - Loud reading practice: Pronunciation, Intonation and Identification of Sound Units - Composition writing: Guided composition, Free composition and Picture composition - Spotting the error in daily usage of English - Dialogue delivery: Conversation practice, Good manners practice and Dialogue practice

References

1. Martin & Wren. (2015). *High School English Grammar and Composition*. New Delhi: S. Chand Publication.
2. Martinet. A.V. & Thomson. A.J. (2007). *A Practical English Grammar*. New Delhi: Oxford University Press.
3. Murphy, Raymond. (2007). *Intermediate English Grammar*. New Delhi: Cambridge University Press.
4. Sinha, Sanjay Kumar. (2008). *The King's Grammar*. New Delhi: S. Chand & Company Ltd.
5. <https://www.talkenglish.com/grammar.aspx>
6. <https://www.gamestolearnenglish.com/prepositions-game/>
7. <https://www.education.com/games/common-nouns/>
8. <https://busyteacher.org/17267-degrees-of-comparison-the-game.html>
9. <https://busyteacher.org/14341-comparative-superlative-activities-how-to-teach.html>
10. <https://www.teflcourse.net/blog/7-activities-for-teaching-passive-voice-in-the-eslclassroom/>

Course II: Yoga for Human Excellence

B.Ed.: Sem. I

Course Code: VCYHE

Credit: 1

Course Learning Outcomes:

The prospective teacher

1. understands the importance of good health
2. practices the steps in maintaining mental hygiene
3. develops emotional stability
4. recognizes the importance of yoga in developing moral values
5. learns to do the yoga and asanas

Unit I: Introduction to Yoga

Yoga: Definition, Meaning, Types and Stages - Introduction of Kriya, Bandha and Mudra - Difference between Asana and Exercise

Unit II: Effects of Asana

Physical and physiological effects of the following: Padmasana, Paschimottasana, Vakarasana, Vrakshasana, Trikonasana, Shalabhasana, Bhujangasana, Makrasana

Unit III: Producers and Benefits of Asanas

Sarvangasana, Halasana, Savasana, Sirasana, Mayurasana, Dhanurasana and Surya Namaskar

Unit IV: Pranayama Practice

Meaning of Pranayama - Purka - Kumbhaka - Rechaka - Nadisuddhi - Suryabedhana - Sittaki and Sitkari

Unit V: Asanas for Diseases

Effects of Asanas on various human systems - Asanas for Diabetes, Blood Pressure, Back pain - Obesity - Yogic Therapy

References

1. Chandrasekaran, K. (1999). *Sound health through Yoga*. Saidapet: Prem Kalyan Publications.
2. Iyenger, B.K.S. (1982). *Light of Yoga*. Great Britain: Geroga Allen & Unwin.
3. Moorthy, D.M. & Alagesan, S. (2004). *Yoga Therapy*. Coimbatore: TPH.
4. Sharma, P.D. (1984). *Yogasana and Pranayama for health*. Ahmadabad: Navneet Publications.

Course III: Creative Crafts

B.Ed.: Sem. II

Course Code: VCCC

Credit: 1

Course Learning Outcomes:

The prospective Teacher

1. exercises the use and mastery of the elements of arts
2. produces creative works that demonstrate innovation in concepts, formal language and/or materials
3. demonstrates the problem-solving skills by providing a step-by-step approach to specific issue
4. develops the technical skills and conceptual skills necessary to create a cohesive body of artwork
5. uses a variety of brainstorming techniques to generate novel ideas

Unit I: Natural art

Freehand Drawing, Pencil Shading, Nature Work, Figurative Work, Creative Designs - Coconut shell craft - Pebbles art

Unit II: Handwriting

Aim of Teaching Handwriting - Basic Script - The Cursive Style - Capitals - Numerals Consistency of Movement and Shape - Italic writing - practice of Italic writing

Unit III: Flower making

Basic Flower Arranging Techniques - Flowers as Gifts - Flowers for the Home - Practice of preparing bouquet - Organdy - Socks cloth - Crepe paper

Unit IV: Fabric Painting

Nature Work - Creative Designs - Figurative Work - Fabric Colours - Pearl Colours - 3D & Spray Colours - Glass painting - Jewelry making

Unit V: Creative Art

Coffee painting - Woolen hanging - Landscape on disc - Dream catcher - Geometrical pattern coasters

References

1. Brownowki, J. (1964). *The Arts - Man's Creative Imagination*. New York: Double days Company.
2. Harpar & Row. (1960). *Indians of the Plains Illustrated with Paintings, Prints, Drawings and Photographs of the Period*. New York: American Heritage.
3. Krishnappa, K.N. (2000). *Easy to Learn Draw Human Figures*. Bangalore: Vasan Book Depot.
4. UDO - EMA, A.J. (1961). *The Arts and Crafts Teacher*. London: Longmans.
5. <http://www.vobium.com/view/courses/1-11201-653/certificate-course-in-fabric-painting-hobby-courses-for-all-certificate-by-himanshu-art-institute>

Course V: Aari Work

B.Ed.: Sem. IV

Course Code: VCAW

Credit: 1

Course Learning Outcomes:

The prospective teacher

1. Describe the basic principles and techniques of Aari embroidery.
2. Recognize and troubleshoot common mistakes and errors while executing chain stitches.
3. Learns to blend different stitches to create intricate and textured designs.
4. Explore techniques for scaling and adapting patterns to fit various fabric sizes and shapes.
5. Produce a finished fabric piece that showcases your own unique Aari embroidery design, incorporating a variety of stitches and techniques.

Unit I: Introduction to Aari Design

Introduction to Aari designing and Aari materials

Unit II: Practice of Chain Stitch

Frame fixing, cloth fixing, learning basic chain stitch in different shapes

Unit III: Practice of different Zari Stitches

Mastering the different types of stitches with sari, chains, beads etc

Unit IV: Practice of different Silk Thread Stitches

Mastering the different types of stitches with silk thread

Unit V: Designing own Fabric

Practicing advanced stitches – Designing their own fabric with creativity

References

1. Smith, J. (2020). *Introduction to Aari Embroidery*. Crafting Press.
2. Johnson, A. (2019). *Mastering Chain Stitch in Aari Embroidery*. Stitch craft Publications.
3. Williams, M. (2021). *Aari Embroidery: Beyond the Basics*. Needlework House.

Course VI: Home Decoration

B.Ed.: Sem. IV

Course Code: VCHD

Credit: 1

Course Learning Outcomes:

The prospective teacher

1. Acquires the skill of Types of Cushion making.
2. Obtains the skill of Flower Vase making.
3. Gains the skill of Glass Wall Hanging.
4. Develops the skill of Fur Doll making.
5. Creates the Home Decoration objects on his/her own.

Unit I: Heart Type Cushion Making

Paper Cutting – Measurement – Stitching - Making

Unit II: Flower Type Cushion Making

Paper Cutting – Measurement – Stitching - Making

Unit III: Boating Flowers Vase Making

Painting – Clay Preparation – Mural Work

Unit IV: Glass Wall Hanging

Cutting – Mirror Paste Making - Designing

Unit V: Fur Doll Making

Paper Pattern – Stitching - Making

References

1. <https://www.youtube.com/watch?v=TVKtCPGPEeI>
2. <https://www.youtube.com/watch?v=gZ-DFDr4SYo>
3. <https://www.youtube.com/watch?v=YdjldZM4ko>
4. <https://www.youtube.com/watch?v=1D53m3LvrRA>
5. <https://www.youtube.com/watch?v=S7sjKCx2K2Q>
6. <https://www.youtube.com/watch?v=s6rxxjatPGk>

Course VII: Photography

B.Ed.: Sem. IV

Course Code: VCPG

Credit: 1

Course Learning Outcomes:

The prospective teacher

1. Understands the fundamental techniques of photography.
2. Masters the fundamental techniques of photography.
3. Acquires the skill of Camera Controls.
4. Explores the importance of camera accessories.
5. Experiment with different perspectives adding creativity to your photos.

Unit I: Introduction to photography

Tips and techniques for better photography

Unit II: Seeing and Composition

Basic rules in Photography

Unit III: Choosing a Camera

Important Camera Controls

Unit IV: Important Camera Accessories

Choosing a Tripod and Head

Unit V: Perspective and Photo Editing

Having Fun with Perspective

References

1. <https://egyankosh.ac.in/bitstream/123456789/74344/1/Block-2.pdf>
2. https://cbseacademic.nic.in/web_material/Curriculum24/publication/Photography_Module3.pdf
