

ST. XAVIER'S COLLEGE OF EDUCATION (AUTONOMOUS)

[Re-accredited (3rd Cycle) at 'A' Grade by NAAC with CGPA: 3.67] PALAYAMKOTTAI – 627 002, TAMIL NADU

VIDEO CONFERENCE ON SPECIAL LECTURE ON EMOTIONAL INTELLIGENCE 31st October 2018

The first year students of St. Xavier's College of Education had a video conference lecture on NEUROSCIENCE, on 31.10.2018 in Mother Teresa Hall. This is the second lecture on Psychology by an eminent professor Rev. Fr. Antony Raj SJ, Loyola college of Education, Jamshedpur. The College has planned for a course of time for this type of Video Conference Lectures.

The Programme began at 11.00 AM. The professor helped us recall whatever we discussed in the previous session on Emotional Intelligence. It made the students refresh their memories about the subject matter.

This session was primarily to have knowledge on brain and its connection with our emotions. All our emotions are formed in our brain; not in our hearts. He gave us questions to think and reflect in the beginning of the hour.

The topic mainly dealt with the connections that each neuron makes with the other neurons, called Neuron Synthesis and their impact on our positive and negative response and reactions that each human being makes.

Fr. Antony Raj SJ emphasized three main points which influence connections and our behavior. They are;

- 1. Experience
- 2. Exposure
- 3. Experimentation

We the students were given special time to clarify our doubts which enabled many to think. The students, who had doubts, clarified them. The professor too was very happy about the doubts and clarified their doubts joyfully with facts and figures.

Mis. Johncy of First year proposed vote of thanks for the wonderful opportunity the management offered to the students.

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31st October 2018





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