

**Address**

2/318, Periyar Nagar
N. Panjampatti [P.O]
Dindigul – 624 303.

Date of Birth

31st May 1984

Mobile

9940904969

E-Mail

frank@sxcedn.edu.in

Website:

<https://sites.google.com/view/sfsxce/>

Nationality

Indian

Religion

R.C. Christian

Language

Tamil : Native Language

English : Good

Specializations

Hockey

Sports Biomechanics

CURRICULUM VITAE**Dr. R. SATHESH FRANKLIN**

B.A., M.P.Ed., M.Phil., Ph.D., M.B.A., Dip. In Yoga.,

EDUCATION

2001-2004	Bachelor of Arts Arul Anandar College, M.K. University
2004-2005	Bachelor of Physical Education Y.M.C.A. College of Physical Education, Chennai
2005-2007	Master of Physical Education Y.M.C.A. College of Physical Education, Chennai
2007-2008	Master of Philosophy Y.M.C.A. College of Physical Education, Chennai
2009- 2011	Master of Business Administration (HRM) Pondicherry University, Pondicherry
2007-2008	Diploma in Yogic Science M. S. University, Tirunelveli
2011-2014	Doctor of Philosophy TNPES University, Chennai

ADDITIONAL QUALIFICATIONS

2011 & 2012	Passed NET Examinations in Physical Education
2011	Cleared SET Examination in Physical Education

RESEARCH

‘Biomechanical Analysis of Penalty Corner Drag Flick in Field Hockey’

PROFESSIONAL EXPERIENCE

Sep 2013	Director of Physical Education St. Xavier’s College of Education, Palayamkottai
2008 – 2013	Assistant Professor Department of Physical Education Arul Anandar College, Madurai

AWARD

2012-2013	Best Teacher Award Arul Anandar College, Madurai
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BOOK EDITED

November, 2015

Human Rights Education for Teacher Educators published by St. Xavier's College of Education, Palayamkottai. (978-93-84192-01-3).

March 2017

Social Media: Influence on Youth in their Psycho-Social Behavioral Functions published by St. Xavier's College of Education, Palayamkottai. (978-93-84192-09-9)

PUBLICATION IN INTERNATIONAL JOURNALS

October, 2014

Published an article on 'Biomechanical Analysis of Penalty Corner Drag Flick in Field Hockey' in the Star International Research Journal on Physical Education (ISSN: 2321-676X).

April 2013

Published a paper on 'Analysis of Penalty Corner Drag Flick in FIH Champions Challenge – I Men Competition 2011' in the International Research Journal on Health, Fitness and Sports Science organized by National College, Trichy. (ISSN.No: 2310-5202).

PAPER PRESENTATIONS IN CONFERENCES AND SEMINARS

February 2013

Presented the papers on 'Analysis of Penalty Corner Drag Flick Technique in Field Hockey' in the UGC Sponsored National Seminar on Innovative Concepts in Physical Education and Yoga organized by the Department of Physical Education, Arul Anandar College, Karumathur, Madurai. (ISBN. No: 978-93-80686-07-3)

March 2012

Presented a paper on 'Biomechanics of Penalty Corner Drag Flick in Field Hockey' in the International Conference on Sports Biomechanics and Emerging Technology conducted by India Society of Biomechanics at Haryana, Punjab.

August 2013

Presented a paper on 'Influence of Circuit Training on Aerobic, Anaerobic Capacity among Hockey Players in the National Level Seminar' on Physiological Aspects of Training Nutrition on Recovery and Performance organized by Mannar Thirumalai Naicker College. (978-93-80657-73-8)

March 2016

Presented a paper on 'Communicative Skills and Physical Education Teachers' in the National Level Seminar on Producing Employable Teacher: Prospects, Challenges and Strategies organized by St. Xavier's College of Education. (978-93-84192-04-4)

SEMINARS / WORKSHOPS ATTENDED

Nov. 2014

E-content Development Phase- I organized by St. Xavier's College of Education.

May 2014

E-content Development Phase- II organized by St. Xavier's College of Education

Oct. 2015

Sports Biomechanics organized by Tamil Nadu Physical Education and Sport University

Feb 2016

Extension Activities: Challenges and Opportunities organized by St. Joseph's College of Education

Feb. 2016

Counseling Skills – Module I organized by St. Xavier's College of Education

Feb. 2016

Workshop on 'SPSS Essentials' organized by St. Xavier's College of Education

Dec. 2016

Workshop on 'Creating Personal Website' organized by IQAC, St. Xavier's College of Education held on 23rd December 2016.

August 2017

International Workshop on 'Research in 21st Century' organized by Fr. Bonhore Centre for Research and IQAC, St. Xavier's College of Education held on 18th & 19th August 2017.

April 2018

Symposium on 'Education and Research: Trends, Issues and Challenges' organized by St. Xavier's College of Education held on 28th April 2018.

June 2018

Attended a Two Day Workshop on Writing Research Papers, Citation Analysis, Plagiarism, Getting Patent & Copy Right held on 29th and 30th June 2018 at Ramco Institute of Technology, Rajapalayam.

Aug. 2018

Participated in the ICSSR Sponsored a One Day Workshop on 'Restriction of Plagiarism : A Quality Measure in Social Science Research' organized by St. Xavier's College of Education on 25th August 2018.

SEMINARS ORGANIZED

Feb. 2013

State level seminar on Innovation Concepts in Physical Education and Yoga organized by Arul Anandar College

Nov. 2015

National Seminar on Human Rights Education for Teacher Educators organized by St. Xavier's College of Education.

Oct. 2016

Member of organizing committee in the National Conference on 'Electronic Resources and Academic Libraries: Exploring New Trends, Technologies, Practices, services and Management' organized by St. Xavier's College of Education.

March 2017

National conference on Social Media: Influence on Youth in their Psycho-Social Behavioral Functions organized by St. Xavier's College of Education.

Oct. 2017

Acted as an organizing committee member in UGC-NET Preparatory Programme for LIS Professionals organized by Fr. Utarid Library of St. Xavier's College of Education held from 6th to 8th October 2018.

SPORTS EVENTS ORGANIZED

2014

Organized the 4th State Level Inter-Collegiate Volleyball Tournament among the colleges of Education at St. Xavier's College of Education held on 29th March 2014.

2015

Organized the 5th State Level Inter-Collegiate Volleyball Tournament among the colleges of Education at St. Xavier's College of Education held on 28th March 2015.

2018

Organized the TNTEU District Level Inter-Collegiate Sports and Cultural Meet held at St. Xavier's College of Education on 1st and 2nd February 2018.

Organized the TNTEU Zonal Level Inter-Collegiate Sports and Cultural Meet held at St. Xavier's College of Education on 8th and 9th February 2018.

ACHIEVEMENTS IN SPORTS

2003

Secured the fourth place in the South Zone Inter-University Hockey Tournament at Karnataka and represented in the All India Inter- University Hockey Tournament at Kolkata for Madurai Kamaraj University.

2005

Bagged the second place in the South Zone Inter-University Tournament at Annamalai University and represented in the All India Inter- University Hockey Tournament at Nagpur for Madras University.

2006

Clinched the first place in the South Zone Inter-University Tournament at Madurai and represented in the All India Inter- University Hockey Tournament at Uthra Pradesh for Madras University.

2007

Represented in the South Zone Inter-University Tournament at Tanjur for Tamil Nadu Physical Education and Sports University.

COACHING EXPERIENCES IN HOCKEY

2008- 2013

Produced State level and University hockey players from Arul Anandar College, Karumathur, Madurai.

2008 – 2016

Produced the skillful hockey players from gross root level N. Panjampatti.

EXTRA-CURRICULAR EXPERIENCE

2013 onwards

College Annual Sports Meets

Inter-Collegiate Volleyball Tournament

Yoga Training Programme

XATEC- 2014 Inter –Collegiate Cultural Competition

Community Service Camp, Special Lectures and

Intramural sports and games competitions

SERVED

2014 & 2015

Team Manager for our college athletes in the Tamil Nadu Teacher Education University State, Zonal and District Levels Athletic Meets.

Oct 2015

Resource person for the students of Biomechanics and Kinesiology, Tamil Nadu Physical Education and Sports University, Chennai and delivered a lecture on "Techniques of Field Hockey"

April 2016

Chief Guest for the College Annual Sports Day at St. Joseph's College of Education, Kalakkdu, Tirunelveli.

March 2017

Chief Guest for the Annual Sports Day at St. Joseph's Matriculation School, Nagunari, Tirunelveli.

2017 -2018

Staff Secretary of St. Xavier's College of Education, Palayamkottai

EXTERNAL EXAMINER

Since 2008

Question paper setter for B.Sc., Physical Education in Arul Anandar College, Karumathur, Madurai.

Sep 2016

Attended in the central evaluation work at St. Xavier's College of Education, Palayamkottai for the evaluation of answer scripts of B.Ed., degree examinations of Tamil Nadu Teacher Education University

Aug 2018

Attended in the central evaluation work at St. Xavier's College of Education, Palayamkottai for the evaluation of answer scripts of B.Ed., degree examinations of Tamil Nadu Teacher Education University from 31st July 2018 to 6th August 2018.

ORIENTATION / REFRESHER COURSES ATTENDED**June 2018**

Attended an Orientation Course at Human Resource Development Centre, Pondicherry University, Pondicherry for 28 days from 01.06.2018 to 28.06.2018.

PARTICIPATION IN CURRICULAR DEVELOPMENT

Member in Board of Studies

Member in Academic Council